

Charis Wolf LAc,
Curriculum Vitae
June, 2020

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EDUCATION

- current Doctorate of Acupuncture and Chinese Medicine student
Pacific College of Health and Science
- 2014- 2018 PhD student
American University of Complementary Medicine;
Classical Chinese medicine
(lost their accreditation- no degree)
- Multivariate Statistics
Reproductive pathology according to Sun Si Miao
Full series Taoism and Classical Chinese Medicine
Luo Vessels and Cardiology
Divergent Meridian system and herbs
Nan Jing
Classical herbal preparation
Herbal prescriptions for Behavioral medicine
- 2012-2014 Da Yuan Circle: Chinese Cosmology and Polestar astrology
- 2006 MSTCM
American College of Traditional Chinese Medicine
Japanese Medicine internship: Koji Ichihashi LAc
Dermatology internship: Jialing Yu MD, LAc
Ear Acupuncture Clinic: Pam Olton, LAc
- 2004 Externship **Dr. Wu's Healing Center**; Fertility Clinic
- 2005 Externship under **Bob Levine** with a focus on degenerative disease, cancer

- worked in the school herb garden for 3 years, managed the school herb garden for the last year
- elected to Student Council and served as Secretary with rotating Presidential position

1996 BA Intellectual History, Physical Sciences minor:
University of California, Davis

- History understood through the interplay of philosophical, artistic, scientific, technological and socio-economic movements
- 2 years of upper division Chemistry (Organic chem, Bio-chem, Physical chem) lab, 3+ years of physics (mechanics, continuum mechanics, quantum mechanics, astrophysics, solid state physics, electricity and magnetism, differential equations, vector analysis, mathematical physics)

RESEARCH & STUDIES

Current Effects of acupuncture treatments on patients with a history of traumatic brain injury presenting with migraine headaches; NCCIH funded study through the University of Washington, run by Mark Sodders, DAOM

Current Mentorship under Lisa Conboy; Director of the research department The New England School of Acupuncture at MCPHS University
Instructor in Medicine, Part-time; Beth Israel Deaconess Medical Center, Harvard Medical School.
Internship with a focus on complex systems based research for TCM.

2019-2020 Literature review on migraine and tension headaches submitted to the Health Care Authority of WA state, Health Technology Assessment

- Working with Leslie Smith, Bill Reddy, Rosa Schnyer on a paper attempting to define "Acupuncture" for Medical School Academics.

1990 Biomedical genetic research on Klinefelter syndrome
Lawrence Livermore National Laboratory; Department of Energy
-growing bacterial cultures for analysis and mapping

-lab experience with pipets, centrifuges, running gels with genetic material spliced by enzymes in prepared samples, data collection from experiments, collecting slide samples and genetic mapping

CERTIFICATIONS AND LICENSURE

2016 - 2018 Continuing Education teacher, California

2009 to Present Acupuncture and Eastern Medicine Practitioner, WA state #AC 60129461

2009 to present National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM) Diplomate of Acupuncture

2007 - 2017 State of California Licensed Acupuncturist #AC12186

2003 - 2008 Shiatsu Therapist Certificate

PROFESSIONAL EXPERIENCE

Current Seattle Institute of East Asian Medicine
Teacher
Integrated Therapeutics: Respiratory and Cardiovascular

Current Charis Wolf Acupuncture LLC Kirkland WA
Owner, sole proprietor; practicing as an Acupuncturist and Herbalist
Practice includes acupuncture, herbal prescriptions, supplements, gua sha, moxa, cupping, essential oil therapy, EHR and billing.

2016 - 2019 Purity Integrated Health Mill Creek WA
Acupuncture and Eastern Medicine Practitioner;
Worked in collaboration with ND's, Chiropractors, Medical Assistants, in house blood lab to provide fully integrated care. My practice included acupuncture, herbal prescriptions, supplements, gua sha, cupping, essential oil therapy.

- 2005 - 2016 Aion Health San Francisco CA, Kirkland WA
Owner and sole proprietor;
a natural health company with herbal products and acupuncture after becoming licensed (2007). Practice included acupuncture, herbal prescriptions, supplements, gua sha, moxa, cupping, essential oil therapy, EHR and billing.
-8 years primary care practitioner in CA
-2 years in WA
-sold the company in 2016, moved from CA to WA permanently
- 2007 -2008 Elephant Pharmacy Los Altos, CA
Herbal Pharmacist
-herbal consults and prescriptions; full herbal pharmacy of Chinese, Ayurvedic and Western herbs
-substantial supplement knowledge
- 2004 - 2005 The Communication Group San Francisco, CA
Project Management Consultant
-taught implementation of user centered design process that put the customer perspective first through the design and engineering process
-established internal creative processes and created process and documentation for project execution
-coached management team on implementation to ensure scheduling and budgeting accuracy
- 2002 - 2003 Naturopathica Long Island, NY
Interactive Account Manager, Strategic consultant
-worked with CEO to create a marketing strategy ensuring branding integrity
-created budget, timeline, project plan documentation and schedule for integration of third party design into existing backend; critical team integration was accomplished successfully
-strategized marketing campaigns with partners which resulted in business tripling in one year
- 2000 - 2001 marchFIRST San Francisco, CA
Interactive Project Manager; Branding and Marketing
-managed teams ranging from 5 to 25 people; day to day operations including strategy, creative, user experience analysis, production, engineering, QA

- primary point of contact including face to face interaction with client, responsible for managing client expectations and growing relationships
- developed and enforced timelines, asset management, resource management, budgets (\$500k to \$2M) and ran meetings
- developed and delivered in person business pitches and project pitches
- post mortem analysis of projects; what worked and what did not, to learn for future projects
- Clients included: 3com Wireless, 3com Rich Media for 3com Sports Park, PIXAR, Pottery Barn, Pottery Barn Kids, Harmon Kardon, Toys R Us, Apple, SFO Airport

4/01 - 10/01 Transitioned team for Williams Sonoma to launch Pottery Barn Kids website

- managed transition of 10 key account team members from marchFIRST to contract for Williams Sonoma per mutually agreed upon request
- primary point of contact for production and technical teams
- responsible for site delivery on time and within budget

1999 - 2000 Xuny.com San Francisco, CA
Business Development, Interactive project manager for startup :
 Online clothing sales

- managed integration between tech, production, asset management and business partners
- strategizing partnerships for business and project development to launch site with product from multiple vendors
- managed internal team of 6 people, working directly with CEO
- produced television commercial

1998-1999 ECI Publications San Francisco, CA
Contract Researcher

- Researched business to business companies that successfully adopted innovative technologies and were leaders for their market
- Interviewed Executives as well as the implementers of the business to business tools

1997 - 1998 Greenfield Online Market Research San Francisco, CA
Marketing Assistant, Webmaster

- client service representative for Upside magazine and SFgate accounts

- market research analysis and summarizing using online data collection platforms, statistical analysis and interpretation
- webmaster for the SF satellite office (main office is in CT)

TALKS & TEACHINGS

- Current Teacher at Seattle Institute of East Asian Medicine; Integrative Therapeutics
- 2020 Seattle Institute of East Asian Medicine
 2/2020 Guest lecture; Palpitations, Hypersomnia, Insomnia
 3/2020 Guest lecture; The Role State Associations Play for the Profession
- 2019 Bastyr University:
 11/2019 Guest Lecture; How to Use Research to Effect Public Policy
 8/ 2019 Guest Lecture; Understanding Public Policy and the World of Integrated Medicine
- 2016 Continuing Education class: Introduction to Divergent Meridian Advanced Acupuncture
- 2015 Talk on cysts and fibroids (Zheng and Jia) during pregnancy through **My Momma Mentors**; www.mymommamentors.com/interviews/
- 2013, 14,15 Yearly talk given on Women's health at the **Holistic Mom's Network**
- 2013 American College of Traditional Chinese Medicine:
 Herbs and Nutrition

BOARD/ ASSOCIATION EXPERIENCE

Current	Board Member at large, American Society of Acupuncturists
2019	WAEMA President
2018	WAEMA Vice President
2018 - present	ASA representative; Public Education committee, Insurance committee -work with the public education committee to produce marketing materials to unite the profession, strategic conversations with NCCAOM to further the partnership, generally work to support the profession as a whole
2017	WAEMA board; Director; Legislative Chair, Research Chair, Membership committee -Worked directly with lobbyist on legislation, grew relationships between the Medical doctors, Naturopaths, Nurses, and Physical Therapists in order to pass legislation. Multiple discussions with the Department of Health in order to establish rules for our profession. Testified in front of Healthcare committees in response to our legislation, research reviews for the Health Care Assessment group, working to support integrated health with Dr. Iman Majd LAc at the Osher Center, UW, worked with the schools in order to promote integrative care through research and contacts at hospitals like Harbor View and Community Health clinics, supporting our head of the Insurance Committee in order to ensure coverage and payment, outreach to the practitioner community through surveys, newsletters and chairing the Public Policy Committee as the Legislative Chair. -Diligent communication with NCCAOM, CCAOM and the AAMA in regards to the nurses declaring acupuncture to be in their scope -Worked with our lawyer to rewrite the bylaws, developed and enforced a new code of conduct and a media code of conduct -Financial analysis with membership growth plan and increased dues, working with the board to grow partnerships and sponsorships -Work closely with Catchpoint Management Solutions, our association management company to run the board
2/2020	Association Management class: Art of Strategic Management Washington Society of Association Executives
11/2019	Association Management class: Art of Governance and Structure Washington Society of Association Executives
10/2019	Association Management class: How to bring value to your members Dennison & Associates

2013- 2015 Discovery Charter school member; volunteer education committee
-Required learning included; non-violent communication, positive discipline,
how to deal with bullies

2009 - 2011 WAEMA member

2016 - current

2008 - 2016 CSOMA member

PROFESSIONAL MEMBERSHIPS/AFFILIATIONS

SAR, EBA, Scholars of Chinese Medicine, Acupuncture Research Share Group, Classical Chinese Medicine, WAEMA, ASA, TCM Obstetrics Collaborative, Da Yuan Circle, Jeffrey Yuen Taoist Study Group, Academia.edu

AWARDS

2015- 2016 Selected as top Acupuncturist in San Jose by International Association of Healthcare Professionals

2013 Voted Best Acupuncturist in Silicon Valley for Acupuncture

Media

www.chariswolfacupuncture.com

Instagram: @Sage_from_the_Mountain

Other Education/ Interests

Growing herbs, mushrooms, gardening

UC Berkeley:
Beginning and Intermediate Photography

San Francisco Local Artist: Michael Markowitz
Figure Drawing classes; 2 years

Many years of competitive soccer:
Mustang soccer club, Danville CA; ranked 1st in state 1987, 88, 89
Played and coached for 40 years

San Francisco State University, Multimedia Studies
Classes: Multimedia Theory and Criticism, Interactive Multimedia